



Helping Hungry Neighbors

301 Bunch Springs Rd.
P.O. Box 149
Berryville, AR 72616

870-423-4246

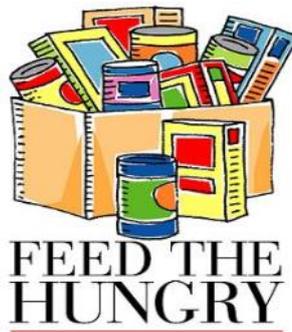
Director—Sara Hodgson
Secretary—Lieu Smith
Treasurer—J Thompson
Food-Kids —D Hunter
• Robert West
• Jason Tennant
• Ron Tracy

How you can help:

- Help with utilities. We now have two commercial refrigerators and two walk-in freezers. We have maintenance costs and high electric bills.
- Funding to provide staples such as peanut butter, spaghetti sauce, oatmeal, rice, beans, cooking oil.
- Volunteers to clean the building perhaps on Thursdays when the food bank is not open.
- Persons to conduct food drives or stage events to raise funds for the food bank among their friends or work colleagues.
- Regular ongoing financial support. No wages are paid. All work is done with volunteers, however there are costs. Donations are needed each month to help with set expenses.

August 2018

Supporters Update



It was a busy day at the food bank. A woman came in who was **homeless** and desperate for help. She was **living in her car**. We gave her **ready to eat food** and suggestions on where to find lodging and medical help. We also gave her our **"A Hand Up"** brochure, with a list of free services in the area that she could access.

A man came in newly **released from jail** and he was eager to get his household back together and **start over with his wife and children**. They had been sustained by relatives and he was eager to be a family again.

A lady came in and said she was trying to sign up for **disability** but had been **denied**. She had a **young child** with her. We gave her **food** for her household and the child was also happy to get a **book** from the **Red Bookshelf** to take home.

Later, a woman came in to pick up food for her **grandmother** who was **home bound** and her **dad, who was disabled** due to an accident. Each lived in a separate household. Each had social security as their only income and **barely had enough** to cover the bills. Each had given permission for this younger **family member to pick up for them**.

The food bank is able to help people like this because of **your generous support**. Your **monetary donations** pay for utilities & other expenses as well as buy food to give out at a much reduced cost. **However we are in dire need of more volunteers**. The food is available but **requires a lot of work to distribute**. We need workers to do **computer work, data entries, hauling loads of food, unloading loads of food, stocking shelves etc**. Please consider helping at the food bank. We need more volunteers with a servant's heart to help us to continue this ministry in the community. **We thank you for any support, and God Bless You!**

Why we Do What We Do

In Matthew 25:35 our Lord says, "For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me".

Our goal is to feed the poor people in Carroll County. Our goal is also to feed people the most nutritious food possible within our means. One way we do this is with the USDA commodity foods. They give us very nutritious food to hand out to the people in our area.

We have to go by their guidelines to be able to do this. This includes income limits, how often people can get this food, information collected, etc.

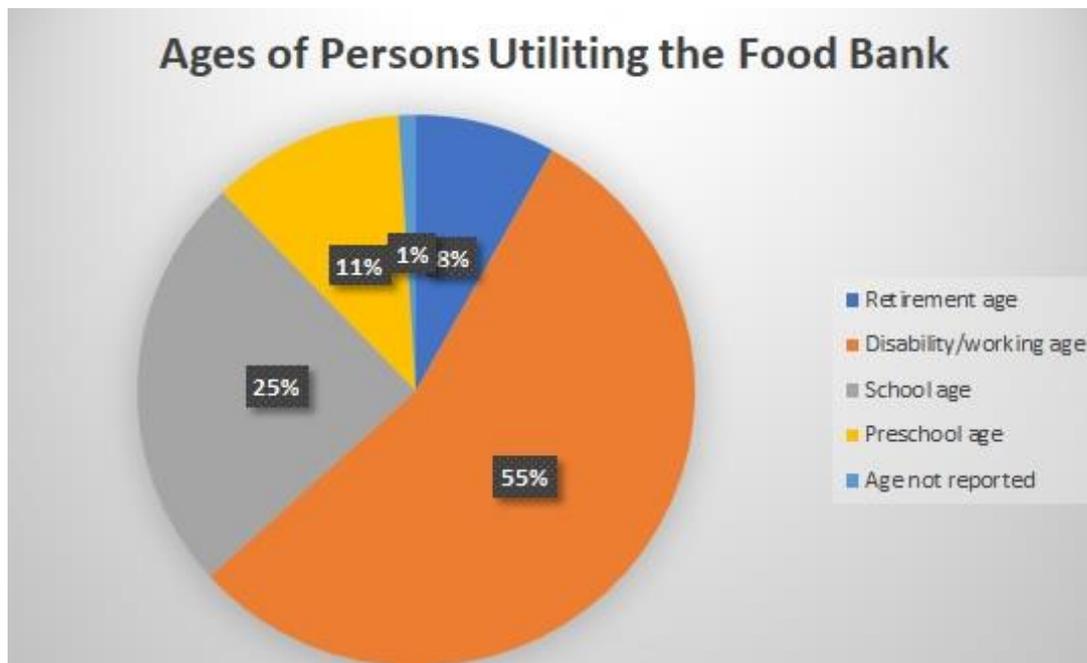
Guidelines apply to all food distributed at our site. This assures our commercial donors as well as other donors that food goes to people truly in need. It makes it



easier for our volunteers to keep track of what and how much we are giving out. In June 2018 we gave out 441 allotments containing 19,454 pounds to 1287 persons.

Persons may struggle and never get ahead without realizing they are eligible to receive food. For example, a person with less than \$1,316 in monthly income or a family of 4 with less than \$2,720 in monthly income are eligible for food assistance. By getting this free food, the family may use their meager dollars to meet other needs.

Your dollars help the most vulnerable!



These are the actual ages of those served by Loaves & Fishes. Notice that nearly half are children and the elderly. Of those of working age, US Census says Carroll county as 3,191 disabled persons. Yet only 2,113 working aged persons used the food bank. Truly, your gifts help those most in need!

OPERATION FOOD FOR HUNGRY KIDS

“The Backpack Program,” is about to kick off its sixth year of operations in support of the hungry children in the Berryville and Green Forest Public Schools. Over the life of the program, up to 140 children per week have received weekend food bags throughout the course of a school year, including the summer school session, with up to 4800 bags being delivered in a year.

Loaves and Fishes’ backpack program is distinctive in its efforts to not only address short-term weekend hunger, but long-term health and classroom performance as well, by making sure that the items included in the bags are nutritionally sound. We have set goals to manage calories, fats, cholesterol, sodium, fiber, sugars, and protein to assure the most nutritious mix of items to fuel the bodies and minds of these growing children. Children who are not hungry can be more engaged in the classroom, have fewer attendance issues, and enjoy school more. While it is important to address the immediate problem of hunger, we feel it is equally important to lay the groundwork for a potentially healthier life for these children.

We are fortunate to live in a community that is generous with both its time and its treasure. Over 200 volunteers have given time in the first five years of the program, and that time and the financial support of the community have helped us be successful in applying for a number of grants that have assured that we can maintain the high nutritionally quality we wish to offer with this program. Most recently, Loaves and Fishes was awarded a \$10,000 grant from The Blue & You Foundation to support the program in 2018. These grants would not be possible without the demonstrated support of the community as well. Thank you, Carroll County!

FRESH FOODS ARE BEST!

Your food bank volunteers want to provide the healthiest food for our hungry neighbors. From time to time we also receive perishable foods from our local gardeners and other vendors.

Through an arrangement with Northwest Arkansas Food Bank, Walmart and Feeding America, the food bank can pick up salvage foods at our local Super Center. We are allocated pick ups on Monday, Friday and Saturdays. Volunteers must go every Monday, every Friday and every Saturday at a certain time (the only exception is Christmas day) to pick up whatever is available. Sometimes it is over a thousand pounds, sometimes it is a few boxes. After hauling the food to the food bank it then must be sorted to remove spoiled items and to repack for distribution or refrigeration.



To make this happen we have been blessed over the years with very committed volunteers. If you have a truck or if you have a hitch and are willing to use the covered trailer on loan to the food bank, we can use your help.

Perhaps you want to make a real difference in the health of families by making fresh foods possible. Contact the food bank during open hours if you are willing to help!

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(opposite the Berryville
Cemetery)
P. O. Box 149
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loavesnfish@
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[http://
www.berryvilleloavesnfishes.org](http://www.berryvilleloavesnfishes.org)



Loaves & Fishes Food Bank of
the Ozarks

Clients need to bring

- Picture Identification and documentation for all household members
- Make statement of household income
- Proof of Carroll County residency

Food Bank Hours
Open to Clients

Monday, Wednesday
Friday
10 a.m. to 2 p.m.

Tuesday 4 to 6 p.m.



Loaves & Fishes Food Bank of the Ozarks is a Christian ministry dedicated to following our Lord's directive in Matthew 25:35 to feed the hungry. Loaves & Fishes Food Bank meets USDA requirements for TEFAP commodity distribution; IRS nonprofit status; and Arkansas State nonprofit and charitable solicitation. Thus Carroll County residents who are unable to secure nutrition for themselves can receive food through the gleanings of foods from private donations, from salvage from stores, warehouses, processors or food producers as well as The Emergency Food Assistance Program. Families are served once each month and food is distributed according to the number of persons living in the household. Income guidelines are followed. Persons receiving assistance usually receive help on the day they apply.

“For if they fall, one will lift up the other; but woe to one who is alone and falls and does not have another to help. Ecclesiastes 4:10

VOLUNTEERS NEEDED: Many faithful volunteers do a tremendous job; however food bank work is unending. In July 59 volunteers gave 485 hours. Volunteers are needed to do computer work, filing, help clients with forms, keep records, interview clients to receive food. In addition volunteers are needed who can lift cases of food (up to 50 pounds) sort and discard and repackage edible food. If you want a place to exercise and help others at the same time, this is it! All volunteers must show an attitude of Godly servanthood as our Lord Jesus demonstrated. If you want to volunteer, come any hours we are open.



I feel so blessed to be able to help with this needed ministry !
\$5 \$50 \$100 \$250 \$ _____

Name _____

Address _____

Telephone _____

_____ Contact me about presenting a program to my church or other organization.

I want to donate to providing Food for Hungry Kids. \$ _____.